

Regional Geriatric Programs of Ontario is listening to caregivers!



Facilitators and recorders needed for Caregiver Focus Group

The Regional Geriatric Programs (RGP) of Ontario and six project partners from across the province are developing educational resources for family and friends who are caregivers of seniors living with frailty.

This project is supported by the Ministry of Health and Long term Care. The educational resources co-designed in this project will help the province's growing number of caregivers of older adults living with frailty. The resources will provide practical information about skills and self-care, and incorporate the experience and advice of caregivers.

Facilitators and recorders needed!

Time requirements of facilitators and recorders is minimal, and we ask for the following commitments:

- Distribute the invitation to caregivers who are family/friends of frail seniors;
- Facilitate a table of 4 to 8 participants, be prepared to learn not teach;
- OR record the discussion at the table;
- Join a pre-workshop teleconference call one week prior to the workshop;
- Review the Senior Friendly 7 Toolkit (before the pre-workshop teleconference);
- Arrive at the venue at 9:30 am, to run through the agenda, expectations, and focus group material. The workshop will conclude at 2:30 pm;
- Bring local resource material that you think participants might find useful; and,
- Provide your feedback on the workshop at the end.

Focus Groups will be held across the province

If you are able to volunteer as a facilitator or recorder, please register here: <https://goo.gl/forms/E7GXkBVull436Hnw1>

For more information, please contact:

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