



"Be a Delirium Detective" Report

Seniors Month 2014

This year the Committee for the Enhancement of Elder Friendly Hospital Environments (CEEFE) decided re- visits our roots and focus on delirium prevention and detection. As is our practice, we examined the current literature, developed, and provided an interprofessional topic related to the risk associated with the hospitalized older adult and their family based on the framework of the Senior Friendly Hospital strategy. Despite numerous learning opportunities about delirium prevention, delirium continues to be under recognized and underappreciated.

The success of our previous Seniors Month activity and with recent expansions to our corporate families enabled us to expand our working group to representatives from 9 sites and 2 community partners across the LHIN. This group collaborated on the literature review , development of a presentation , patient / family educational materials , staff educational materials (pocket cards) and re- introducing our famed Delirium prevention poster based on the works of Inouye.

These key members then presented or facilitated learning opportunities within their home sites using the developed materials. Formats continue to differ according to local norms and challenges. But are generally small group in-services, or large Rounds, open to all staff; some have invited community partners. Recent technological innovations have allowed some sites to imbed the presentations with in E-learning systems for after-hour staff. Attendees have the opportunity to complete a series of questions about the

content and to offer suggestions for future summer events. Correctly answered forms are entered into a site contest to win a specially selected gift linked to the theme. This year the prize was a gift certificate to the Cara Family of restaurants.

Site	# SESSIONS	#ATTENDEES	WINNER
NORFOLK	2large +5x30 min + Staff meetings and quick rounds	60	Stephanie Haley
St. Peter's			Melanie Carron
HGH	6	45	Eunice Lipinski
JHCC	7	54	Sue Swayze
WEST LINCOLN	2-Lunch &Learns	22	Monika Ajandi , RN
ST. Joseph's Healthcare	13	80(65)	Megan Cran, RPN
HOTEL DIEU/ Shaver	3	37	Bonnie Ehrhardt
NIAGARA	5		None available
JBMH	23	157(68)	Trish Mederios, OT
BRANTFORD	1	20	Becky Logan, OT
10sites	67	475	9winners

Overall Impression of Content and Sessions

	# AGREE	# DISAGREE
Content was practical for patient care/ clinical practice.	Majority	0

Comments: Very good presentation, Nicely done; Good review; Useful and concise info; Very informative ; Excellent and to the point; Very positive ;Appreciated information pamphlet for families, information on Help program and web site; Provide with more handouts Like the quick reference cards (we actually printed more for the staff at their request) loved the gift card idea. Bit Long.

Suggested topics for 2015:

TOPIC	Number of Times Mentioned
<ul style="list-style-type: none"> Positive and negative effects of Polypharmacy / medications that are not elder friendly: what is the importance, what are the potential consequences? 	5
<ul style="list-style-type: none"> Elder abuse 	2
<ul style="list-style-type: none"> Promoting independence, How to improve mobility with hospitalized patients, Foot care 	5
<ul style="list-style-type: none"> Home support 	1
<ul style="list-style-type: none"> GPA 	1
<ul style="list-style-type: none"> Dementia Use of MOCA in acute care – MOCA vs. SMMSE Importance of cognitive screening 	7
<ul style="list-style-type: none"> How to prevent violence caused by dementia/ managing Responsive behaviours Dealing with difficult behaviors * 	6
<ul style="list-style-type: none"> Diet, Dehydration / Nutrition 	2
<ul style="list-style-type: none"> Capacity 	1
<ul style="list-style-type: none"> Constipation 	2
<ul style="list-style-type: none"> Falls, 	5
<ul style="list-style-type: none"> Depression 	1
<ul style="list-style-type: none"> Chemical restraints uses and guidelines/ restraints Negative impact of restraints 	7
<ul style="list-style-type: none"> Coping mechanisms 	1
<ul style="list-style-type: none"> Anxiety 	1
<ul style="list-style-type: none"> UTI management, Incontinence 	2
<ul style="list-style-type: none"> Palliative care, End of Life Care, Pain 	4

• Discharge planning	1
• Therapeutic activities	1
• Communication Strategies	1
• Sleep promotion	1

Comments

The outputs from this initiative would not be possible without the amazing collaboration from all the contributors and members of the Ceefe committee. Every year, each ones' talents and ideas help to make the Seniors Month education better. New teaching / sharing strategies emerge such as the e-learning, accessing new avenues such as staff meetings or extending invitations externally to the local community agencies. Having the ability to teleconference and e-mail our meetings has truly facilitated the group's work. We were delighted to welcome new sites and partners this year to further our efforts to promote safe , quality care for seniors through delirium prevention and recognition . This year we reached 106 more participants and held at least 16 more sessions.

Each year, participants appreciate the worthwhile prize, tailored to the theme of the year, acknowledging their commitment to the care of older adults. This year, we experimented with a gift card to a chain restaurant for the staff member to share with someone. In the presentation letter we invited them" to enjoy the gift card to any of the Cara family restaurants where delirium prevention activities such as food, fluids and cognitive stimulation may be enjoyed by you and a friend". And acknowledged them "for your diligence on being a delirium detective on a daily basis with all of your patients. "

Respectfully submitted,

Pat Ford

September, 2014