

# Teach Back Assessment

- Ask patient to explain in **their own words** what they need to know or do upon discharge
  - Can you tell me what this medication is for?
  - Can you tell me some reasons why you might call your doctor?
  - Can you tell me how you would manage your symptoms?
- Teach back is used to assess understanding of
  - Diagnosis
  - Available resources
  - Medication
  - Follow up appointments

Teach-back assessment of patient or caregiver if patient unable	Teach-back #1			Teach-back #2			Teach-back #3			Teach-back #4			Referral to CCAC RRT For ALL Moderate & High risk patients
	What to do when feeling different			Review of Medications			What to do when getting worse or feeling in danger			Review #1,2,3 and D/C instructions			
Low Risk = <u>able</u> to Teach-back	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:	No referral to RRT required
Moderate Risk = <u>Partially able</u> to Teach-back	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:	RRT referral Date:
High Risk = <u>Not able or refused</u> Teach-back	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:	RRT referral Date:

# Discharge Transition

## Discharge Bundle

- Identify patients at high-risk for readmission
  - CLINICAL FRAILITY SCALE
- Teach-back
- Follow-up visit with CCAC R2T2 at day one if high risk
- Written discharge instructions taking literacy into consideration
- Discharge summary at discharge
- Discharge checklist
- Arrange follow-up with primary care (2-5 days for high risk)
- Warm hand off (Hospital MRP to primary care)
- Medication reconciliation
- Socioeconomic barriers
- Caregiver support

## Discharge Checklist

- Medication reconciliation
  - At time of discharge with patient/SDM
  - With pharmacist at patient's pharmacy
- Referrals
  - CCAC
  - R2T2
  - Day Programs
  - BSO
  - First Link
  - Lifeline, Connect care
- Appointments
  - Follow up appointment made with family physician
  - Fax discharge summary and medication reconciliation sheets to primary physician