



Just Tell ... going home from hospital

Better sharing between you and your doctor and health professionals

▶ Tell the doctor:

Why I went to the hospital

Why I was admitted

What they said I should start doing

What they said I should stop doing

What new medications I am on

Who is helping me at home



Just Ask ... going home from hospital

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Ask the hospital nurse:

How soon should I see my family doctor

What main symptoms should I watch for

What should I do to stay healthy and not get worse

What medications are new for me



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