

# Breaking News...

## Specialized Geriatric Services



Regional Geriatric Program central

St. Peter's Hospital

### Special points of interest:

- Update on activities in Brant County
- Dementia Care Network of Niagara Visioning Day
- Geriatric Service Integration Models
- Upcoming Educational Events
- Long Term Care Resource Centre Recommended Reading List

Please email this newsletter to all appropriate contacts & networks. If you would like to be added to our distribution list, please contact Lynn Sage at

[lsage@stpetes.ca](mailto:lsage@stpetes.ca)

## Update on Brant

### Update from the Brant County Psychogeriatric Resource Consultant:

- The Gentle Persuasive Approaches in Dementia Care (GPA) program has been successfully completed by staff in over one half of the LTC facilities in Brant County with additional workshops being planned in the near future.
- Montessori - Based Programming in Dementia (MBPD) is another innovative program taught and supported by the PRC in Brant. As a program and philosophy MBPD is currently being implemented in several LTC facilities and the Alzheimer Day Program.
- The Brant Elder Abuse Committee is planning a fall workshop on October 27th at the Brant Park Inn.

### Featured Speakers:

Cheryl Taggart: Diogenes

Monita Persaud: How race, ethnicity and culture impact our view of aging and how different cultures view elder abuse.

- The Brant Dementia Network was successful in securing a Dementia Network grant from the Alzheimer Society Post Strategy Staff Education and Training Initiative. This funding will support two full day education workshops have been planned this fall targeted specifically for the PSWs in Brant County.

## Dementia Care Network of Niagara - VISIONING DAY

The Dementia Care Network of the Niagara Region held a Visioning Day on Aug. 16th, 2006. The Network was fortunate to have David Jewell from the RGPc attend the session, adding invaluable information regarding Ministry of Health, LHIN 4 and RGPc goals and activities, as well as expert facilitation to the process. The Network decided on the Long Term Goal of phasing in Elder Friendly Strategies into caregiving and the community. Short Term Goals included planning to meet with the chairs of the Dementia Care Networks of LHIN 4 to discuss issues as a group, and to establish a strategy to meet with the Executive Director of LHIN 4. Other goals were to develop an Education and Awareness Strategy, including Newsletter distribution, use of the Alzheimer Knowledge Exchange, work on Transitional Issues for the elderly and to develop a Media Strategy. The Network is looking forward to working on the goals over the coming year!



## Geriatric Service Integration Models

**Background and Rationale:** The aging population will continue to have a major impact on the demand for health care services over the next three decades. The current system of services/supports for frail seniors is fragmented, inefficient and often difficult to access. Capacity issues and bottlenecks limit the ability for clients to transition smoothly from one part of the system to another. Although many excellent services exist, they are not always well-coordinated and both seniors and service providers may be unaware of them. All agencies that provide care and support to older adults have a stake in working together to find ways of improving services to better meet the needs of older adults and their families.

### Geriatric Access and Integration Network (GAIN)

*Developing an Integrated Service Delivery Model for Frail Seniors in LHIN 4*

#### What is GAIN?

Committed and concerned stakeholders have come together to form the Geriatric Access and Integration Network (GAIN) and work collaboratively with the HNHB LHIN to ensure that planning an improved system of care for frail seniors moves ahead expeditiously.

Significant momentum already exists for this initiative with over 40 representatives from a cross-sectoral group of service providers participating in a retreat (funded by GAIN stakeholders) to brainstorm the common vision for GAIN.

The Geriatric Access and Integration Network (GAIN) will be strategic and purposeful collaborative among stakeholders and will propose and coordinate LHIN wide strategies to optimize the quality of life for frail seniors. Stakeholders include those who use and will use specialized geriatric services, and providers, educators, funders, policy makers and researchers. The first goal of the collaboration is an interconnected network of specialized geriatric health care services to promote:

- Strategies for optimal care and support for frail elder health in the LHIN;
- Equitable access to specialised geriatric services in hospitals and in the community;
- Enhanced connectedness among services to make it easier for people to get the right service at the right time consistent with their preferences, and easier for providers to organize and deliver best practice care; and
- Allocation of resources consistent with need and desired outcomes.

Related requirements to support deliberations for future action include assessments of:

- the level of support and commitment for a collaborative network;
- the resources available to support frail seniors' health: a report card on the basket of services, access points and protocols, care path planning and assessment, provider connectedness, performance measures, evidence of best practice, among others;
- improvement opportunities; and
- best practices in integrated service delivery models for frail seniors.

Integration of the broader spectrum of health and social services for older adults would be the next priority of GAIN.

For more information, contact the GAIN Co-Chairs:

David Jewell - [djewell@stpetes.ca](mailto:djewell@stpetes.ca).

Pat Morden - [pat@shalomvillage.on.ca](mailto:pat@shalomvillage.on.ca)

### Waterloo Wellington Geriatric Services Network (WW GSN)

*An overview on establishing a Network to improve care and support for older adults across the health care continuum in the WW LHIN area*

#### What is WWGSN?

There is a need to create a mechanism to provide leadership for relationship building, setting common goals and priorities, facilitating coordinated, action-oriented strategies and monitoring progress. As a result, the formation of a Waterloo Wellington Geriatric Services Network (WW GSN) that is inclusive of the health care continuum has been proposed.

#### Summary of Activities to Support WWGSN Formation

- Small group met with WW LHIN leadership in January 2006 to discuss importance of continued attention to needs of older adults.
- Initial planning session held on June 7, 2006 with representatives from Waterloo and Wellington health care organizations to discuss concept of WW GSN.
- Participants endorsed value of network and affirmed the existence of many shared issues and service gaps that continue to require service planning and development.
- Participants identified a series of longer term objectives for a WW GSN and requested a further meeting with more time devoted to identifying strategies.
- Recommended completion of a background report to support WW GSN including review of past work (i.e., specialized geriatric services planning) and development of a draft framework for network activities (i.e., vision, mission, principles and structure).
- Small working group struck to continue to guide work on background framework and to help plan fall invitational forum.
- Consultants hired to complete background work in July/August and plan and facilitate September forum.

#### Next Steps

- Selected group of senior managers, clinical resource staff and physicians representing health care continuum for older adults invited to participate in forum on WW GSN strategic directions and structure on September 15, 2006.
- On-going leadership for WW GSN will be selected at forum.
- Strategies for action to be advanced in next 12 – 24 months will be identified.
- Report and terms of reference for WW GSN will be completed based on forum input.
- Resources to support Network activities will be identified and sought.

For more information, contact Brenda Fraser at [Brenda\\_fraser@rogers.com](mailto:Brenda_fraser@rogers.com)



# Upcoming events for Fall 2006

## 2006 McMaster Fall Symposium

### Keeping Patients Safer: Pearls for Practice

Tuesday, October 3, 2006 - Hamilton Convention Centre

~ Now approved for CME credits ~

#### OBJECTIVES:

- To identify issues and new initiatives related to patient safety in the home, LTC and hospital.
- To explore Principles of Patient Safety & discover the importance of reframing the question from who to why.
- To examine human factors in geriatric patient safety.
- To explore national program initiatives related to patient, including the Public Health Agency of Canada and Safer Health Care Now.
- To discover key elements of effective communication that are aimed at enhancing safety outcomes.
- To discover how to prevent infections in residents of LTC facilities.
- To discuss how to change the culture of safety and to take an ethical look at risk analysis and decision making.

For more information contact the McMaster Centre for Gerontological Studies  
 905-525-9140, x24449 / gercntr@mcmaster.ca / www.socsci.mcmaster.ca/gerontology/

## A Day in Geriatric Mental Health COMPLEX CASES ACROSS THE CONTINUUM OF CARE

### Unravelling the Mysteries of the Brain

Wednesday, September 20, 2006

Quality Hotel and Convention Centre, St. Catharines

#### Recognizing & Managing:

Healthy Aging	Community Care
Long Term Care	Acute Care
Risk	Recognition
Assessment	Prevention
Management	

Program meets the accreditation criteria of  
 The College of Family physicians of Canada  
 up to 4.5 Mainpro-M1 credits

For more information, contact the  
 Alzheimer Society Niagara Region  
 905-687-3914  
 niagara@alzheimerniagara.ca

## Continuing Gerontological Education Cooperative

Invites its you to a fall breakfast  
 meeting to review new directions:

Wednesday, October 11, 2006

Hamilton Chamber of Commerce

8:00 to 10:30 a.m.

- Hear about our new partnerships
- Learn about our exciting provincial education programs and CGEC developments in other regions of Ontario
- Help identify and develop education initiatives that will benefit organizations across LHIN 4

*The CGEC is a network of service providers, educators and researchers in a variety of settings whose mission is to meet the continuing education needs of health care providers working with older people.*

For more information contact  
 Lynn Sage at 905-777-3837, x12434 or

# Education Calendar

September 2006

For more information on these and other upcoming events, visit the RGPc Education Calendar at: [www.rgpc.ca/calendar/displaycal.cfm](http://www.rgpc.ca/calendar/displaycal.cfm)

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2 Geriatric Mental Health Course, McMaster
3	4	5	6	7	8 Understanding the "C" in PIECES Capabilities, Consent & Capacity	9
10	11 OHA/OHIMA Conference on Health Information Management	12	13 Forum on Primary Health Care	14	15	16
17 Emergency Management and Preparedness Institute (RNAO) thru Sept. 22nd	18	19 Haldimand-Norfolk Dementia/Mental Health Regional Rounds	20 Niagara Conference: "A Day in Geriatric Mental Health"	21 CGEC Steering Cttee Meeting Alzheimer Coffee Break Day	22	23
24	25 OHA "Meeting the Challenges of Patient Transport"	26	27 Performance Management in Healthcare	28 Older People Deserve the Best 5th International Conference	29	30



GPA Certified Coach Training Workshop dates have been set for :

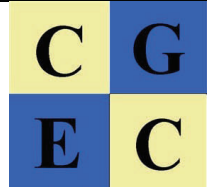
**October 12 & 13, 2006—Casablanca Winery Inn, Grimsby**  
**October 16 & 17, 2006—Visitor's Inn, Hamilton FULLY BOOKED**  
**November 16 & 17, 2006— Visitor's Inn, Hamilton**

Registration form can be downloaded from the CGEC website <http://cgec.rgpc.ca>

## Long Term Care Resource Centre Recommended Reading List

Compiled by Shannon Buckley

September 2006



- Labelle, K. & Mihailidis, A. (2006) The use of automated prompting to facilitate handwashing in persons with dementia. *American Journal of Occupational Therapy*, 206(4), 442-
- Archibald, C. (2006) Gay and lesbian issues: learning on the (research) job. *Journal of Dementia Care*, 14(4), 21-
- Knocker, S. (2006) 'We don't have any gay people here'. *Journal of Dementia Care*, 14(4), 22-
- Conroy, J. (2006) Developing knowledge-driven practice in care homes. *Journal of Dementia Care*, 14(4), 26-
- Mather, L. (2006) Developing needs-led services for younger people. *Journal of Dementia Care*, 14(4), 18-
- Zimmaro Bliss, D et al. (2006) Prevalence and correlates of perineal dermatitis in nursing home residents. *Nursing Research*, 55(4), 243-
- Kim, H. & Whall, A.L. (2006) Factors associated with psychotropic drug usage among nursing home residents with dementia. *Nursing Research*, 55(4), 252-
- Gray, M. (2006) Is total contact casting effective for treating diabetic foot ulcers? *Journal of Wound, Ostomy, and Continence Nursing*, 33(4), 359-
- Tomaselli, N. (2006) The role of topical silver preparations in wound healing. *Journal of Wound, Ostomy and Continence Nursing*, 33(4), 367-
- Midthun, S et al. (2006) A survey regarding the use of the dipstick/pad method with elderly, incontinent patients. *Journal of Wound, Ostomy, and Continence Nursing*, 33(4), 402-
- Kiely, C.I. (2006) Diabetic foot care education: it's not just about the foot. *Journal of Wound, Ostomy, and Continence Nursing*, 33(4), 416-
- Buettner, L.L. et al. (2006) Predicting outcomes of therapeutic recreation intervention for older adults with dementia and behavioral symptoms. *Therapeutic Recreation Journal*, 40(1), 33-
- Austin, E.N. et al. (2006) Community gardening in a senior centre: a therapeutic intervention to improve the health of older adults. *Therapeutic Recreation Journal*, 40(1), 48-
- Beulow, J.M. (2006) Identifying a researchable problem. *Clinical Nurse Specialist*, 20(4), 175-
- McClare, K.S. (2006) Screening instruments for use in a complete geriatric assessment. *Clinical Nurse Specialist*, 20(4), 201-
- Ark, P.D. et al. (2006) Religiosity, religious coping styles, and health service use: racial differences among elderly women. *Journal of Gerontological Nursing*, 33(8), 20-
- Wiens, C.A. et al. (2006) The falls risk awareness questionnaire: development and validation for use with older adults. *Journal of Gerontological Nursing*, 33(8), 43-
- Kemeny, B. et al. (2006) Using experiential techniques for staff development. *Journal of Gerontological Nursing*, 32(8), 9-
- Synder, L. & Drego, R. (2006) Experiences of loss and methods of coping with mild-moderate Alzheimer's. *Alzheimer's Care Quarterly*, 7(3), 152-
- Stieber, Roger K. (2006) Understanding social changes in the experience of dementia. *Alzheimer's Care Quarterly*, 7(3), 185-