



At St. Peter's Hospital

Special points of interest:

- Focus on Haldimand-Norfolk
- 3rd Annual SAGE Awards
- Education Calendar for June
- Recommended Reading List
- Next issue: *Community Partnerships Strengthen Adult Day Service in Niagara*

Please email this newsletter to all appropriate contacts & networks. If you would like to be added to our distribution list, please contact Lynn Sage: lsage@stpetes.ca

Breaking News. . .Specialized Geriatric Services

Welcome to the RGPc Newsletter. Breaking News brings you current information related to Specialized Geriatric Services (SGS) while offering our Regions a venue for sharing news, events and initiatives with others. If you have news to share please email jhorvat@stpetes.ca

Issue 18

June Newsletter 2006



HIGHLIGHT ON HALDIMAND & NORFOLK



Finding the Gaps

**Kit Julian, Executive Director
Alzheimer Society of
Haldimand Norfolk**

A sub committee of the Dementia Network of Haldimand Norfolk (DNHN) recently completed a "Gaps in Services" analysis for Haldimand and Norfolk Counties based on similar activities undertaken by other Dementia Networks across Ontario. Two dementia care resource guides for professionals and the public were previously developed by the DNHN and received wide distribution. The resource guides were developed using a needs based planning approach to dementia care. They described existing services and highlighted those services not available or minimally available in Haldimand and Norfolk Counties.

The sub-committee agreed to use the Toronto Dementia Network's website (www.dementiatoronto.org) as a template of service definitions and listing of the myriad of services optimally available for individuals living with dementia. The comprehensive and descriptive service categories included: medical diagnosis; treatment; ongoing management; legal and financial services; counselling and support; education outreach; safety and environment; transporta-



tion; residential care; in-home and community services; and "other." The sub committee found that while many of the services were provided in both counties, some were offered infrequently (once per month geriatric assessment clinic) or informally (non-Ministry of Health funded programs) or available in Hamilton, Paris or London. Consideration was given to service provision to the caregiver, the individual with dementia and the stage of the disease process. Within the small community of service providers many were unaware of the potential variety of services that could or should be available.

The committee will report on the results of the analysis to the full meeting of the DNHN at their next meeting in September, suggesting a formal submission to the LHIN as information for planning purposes.

Videoconferencing as a Means of Accessing Distance Education in Haldimand and Norfolk

Deb Bryson, PRC
Co-Chair, Dementia Network of Haldimand Norfolk
alzhnprc@alzhn.ca

In 2005, the Dementia Network of Haldimand Norfolk was successful in applying for grant money from the Ontario Ministry of Health and Long-Term Care as part of the Staff Education and Training Initiative of Ontario's Alzheimer Strategy. The grant of \$5500 was to be spent on accessing distance education via videoconferencing or webcasting. A second grant of the same amount has been obtained for 2006-2007, through the generosity of the Haldimand-Norfolk CCAC.

The three main goals of our project were to:

1. **Enhance ADRD education** for PIECES and U-First!-trained persons in Long-term Care Homes
2. **Improve quality of life for persons with ADRD and their families** through improved education for UCP's in the community
3. **Improve access to live training opportunities** for DNHN members, agency, hospital and LTC staff

Haldimand and Norfolk counties cover a large rural area in the southwest region of LHIN4. Although only an hour from Hamilton, access to current ADRD education is a challenge due to travel time and costs, as well as staff backfill issues. By means of videoconferencing/webcasting, current information on aspects of elder care could be accessed without leaving our geographic area. Sessions have been booked through the three telehealth networks in Ontario, CareConnect, VideoCare, and NorthNetwork. These networks have recently amalgamated, improving the ease of access to educational opportunities.

To date we have accessed 7 videoconferences on a variety of topics. Four sessions have been provided by geriatricians, including Treatment of Behavioural Disturbances in Dementia (a two-part videoconference), Depression and Dementia, and Personality Disorders in the Older Adult. Three sessions were designed and provided site-to-site by MAREP at the University of Waterloo. These live, highly interactive, classroom-like sessions focused on the front-line workers in dementia care, and have covered the topics of Responsive Behaviours, Meaningful Activities in Mid to Late Stage Dementia, and Preventing Caregiver Burnout. Future videoconferences have been booked on the topics of Anxiety in the Older Client, and Capacity Assessment.

Participation has been enthusiastic, and excellent support has been provided by the Norfolk District Business Development Corporation's videoconference centre, which provides technical support as well as a fully-equipped and comfortable venue. We continue to develop new partnerships as the success of our project becomes more widely known. We look forward to the upcoming year, and further opportunities to bring current information into our community.

3rd Annual Service Awards for Geriatric Excellence a Huge Success!

When we say 'huge' we mean it, literally! Close to 300 people attended the awards dinner, held at the River Run Centre in Guelph on Friday, May 26th. Many thanks to the Planning Committee for their hard work and the Wellington Dufferin Seniors Services Network for co-hosting this year's program.

Introduced in 2003, the Service Awards for Geriatric Excellence (SAGE) are a joint initiative of the Regional Geriatric Program central (RGPC) and St. Peter's Health System. The goal of SAGE is to honour the outstanding achievements of those contributing to the field while highlighting geriatrics as a critical field of health care.

SAGE is a great opportunity to raise the profile of geriatrics in your community and to highlight your distinct program features. If your organization is interested in hosting next year's awards event please contact Lynn Sage at 905.777.3837 ext. 12434.

2006 Award Recipients

Congratulations to the 2006 award recipients and all those who were nominated this year!

STUDENT AWARD



Magda Lenartowicz

Completed her 4 year Honours B.A. in Gerontology McMaster University,

Inspiring Innovation and Discovery

INDIVIDUAL AWARD



Karen Allcroft
 Psychogeriatric Resource
 Consultant, Alzheimer Society of
 Hamilton & Halton

Susan Rivers
 Director of Knowledge Transfer
 St. Peter's Hospital, Hamilton



Jack O'Neil
 Founding Member of the
 Gatekeeper Program, Niagara

2006 SAGE Awards Continued...

EXECUTIVE AWARD



Jane McKinnon Wilson
Manager, Seniors Mental Health Service
Community Mental Health Clinic
of Guelph, Wellington & Dufferin



Kim Voelker
Director of Client Services
CCAC of Waterloo

TEAM AWARD



Representatives from the
Behavioural Health Team
St. Peter's Hospital, Hamilton

ORGANIZATION AWARD



Representatives from
Shalom Village, Hamilton

RGPC Education Calendar June 2006

For more information, please visit the RGPc Education Calendar online: www.rgpc.ca

SUN	MON	TUES	WED	THURS	FRI	SAT
June is Seniors' Month For more information, visit: www.citizenship.gov.on.ca/seniors				1	2	3
4	5 Stroke Prevention Awareness Evening McMaster Summer Institute on Gerontology	6	7 Successful Aging Speakers' Series Dr. Molloy "Slowing the Aging Process"	8	9 Video-Conference: Dementia, Depression, Anxiety	10
11	12	13	14	15 World Elder Abuse Awareness Day (www.inpea.net)	16	17
18	19	20	21 Regional Inter-professional Grand Rounds in Gerontology	22	23	24
25	26	27	28	29	30	31

Long Term Care Resource Centre

June 2006

Recommended Reading List

Compiled by Shannon Buckley

“When you absolutely positively have to know, ask a librarian!”

American Library Association (ALA)

Payne, L.L. et al (2006) The role of leisure style in maintaining the health of older adults with arthritis. *Journal of Leisure Research*, 38(1), 20-

Langemo, D.K. et al (2006) Skin fails too: acute, chronic and end-stage skin failure. *Advances in Skin and Wound Care*, 19(4), 206-

Miller, M.S. et al (2006) Treating a nonhealing wound with negative pressure wound therapy. *Advances in Skin and Wound Care*, 19(4), 202-

Fleck, C.A. (2006) Fighting infection in chronic wounds. *Advances in Skin and Wound Care*, 19(4), 184-

Davis, B.A. et al (2006) Caregivers' perceptions of dementia patients' functional ability. *American Journal of Alzheimer's Disease and Other Dementias*, 21(2), 85-

Aupperle, P. (2006) Management of aggression, agitation and psychosis in dementia: focus on atypical antipsychotics. *American Journal of Alzheimer's Disease and Other Dementias*, 21(2), 101-

Penninx, B.W.J.H. et al (2006) Anemia in old age is associated with increased mortality and hospitalization. *Journals of Gerontology*, 61A(5), 474-

Kerr, D. et al (2006) Learning disability and dementia: are we prepared? *Journal of Dementia Care*, 14(3), 17-

Thompson, A. et al (2006) Continuing care relocation: lessons for future moves. *Journal of Dementia Care*, 14(3), 25-

Allan, K. (2006) Deafness and dementia: consulting on the issues. *Journal of Dementia Care*, 14(3), 35-

Struck, B.D. & Ross, K.M. (2006) Prescribing exercise for the frail and home bound. *Geriatrics*, 61(5), 22-

Beland, R. et al (2006) Integrated services for frail elders (SIPA): a trial of a model for Canada. *Canadian Journal on Aging*, 25(1), 5-

Kloseck, M. et al (2006) Involving the community elderly in the planning and provision of health services: predictors of volunteerism and leadership. *Canadian Journal on Aging*, 25(1), 77-

Gladston, J.W. et al (2006) Changes in family involvement following a relative's move to a long-term care facility. *Canadian Journal on Aging*, 25(1), 93-

DiBartolo, M.C. (2006) Careful hand feeding: a reasonable alternative to PEG tube place-

C G
E C

LTC

Resource Centre

ment in individuals with dementia. *Journal of Gerontological Nursing*, 32(5), 25-

Coventry, M.L. (2006) Care with dignity. *Journal of Gerontological Nursing*, 32(5), 42-

DeCicco, J. et al (2006) Perceptions of empowerment and respect: effect on nurses' organizational commitment in nursing homes. *Journal of Gerontological Nursing*, 32(5), 49-

Dickerson, S.S. & Kennedy, M.C. (2006) CPAP devices: encouraging patients with sleep apnea. *Rehabilitation Nursing*, 31(3), 114-

Johnson, J. et al (2006) Evaluating your educational plan: are you meeting the needs of nurses? *Journal for Nurses in Staff Development*, 22(2), 65-

Davies, M. et al (2006) Clinical educators' empowerment, job tension and job satisfaction. *Journal for Nurses in Staff Development*, 22(2), 78-

Spence Laschinger, H.K. & Leiter, M.P. (2006) The impact of nursing work environments on patient safety outcomes. *Journal of Nursing Administration*, 36(5), 259-

Bauer-Wu, S. et al (2006) Promoting excellence in nursing research and scholarship in the clinical setting. *Journal of Nursing Administration*, 36(5), 224-

