

January 2007



**Points of Interest:**

- **RGPc Website has a new look!**
- **Service Awards for Geriatric Excellence: Call for Nominations**
- **CGEC Gerontological Services, Research & Education Expo**
- **Education Calendar**
- **LTCRC Recommended**

Please forward this newsletter to all appropriate contacts & networks. If you would like to be added to our distribution list, please contact Lynn Sage at

[lsage@stpetes.ca](mailto:lsage@stpetes.ca)

# Breaking News...

## Specialized Geriatric Services

Regional Geriatric Program central

St. Peter's Hospital

### **RGPc Website: New Look, More Resources!**

**[www.rgpc.ca](http://www.rgpc.ca)**

We've updated the look of the RGPc website and added several new sections including:

- ✓ **Long-Term Care**
- ✓ **Community Health and Support Services**
- ✓ **Continuing Education**
- ✓ **Geriatric Service Integration Models**
- ✓ **Links**
- ✓ **Research**

#### **Inventory of Specialized Geriatric Services**

Need to know what Specialized Geriatric Services (SGS) are available in your area? Check out the recently updated SGS Inventory by clicking on "Specialized Geriatric Services" on the homepage. The Geriatric Access and Integration Network (GAIN) for the HNHB LHIN will be developing a broad service inventory, which will build upon this and other existing databases for the region.

#### **Continuing Education**

As appropriate, the RGPc is trying to centralize its education activities with the Division of Geriatric Medicine, McMaster University. Information on Geriatric Rounds are now posted on the Education Calendar, which can be accessed from the homepage. From the new Continuing Education section of the site, you can also link the to:

- ✓ Continuing Gerontological Education Cooperative
- ✓ Long Term Care Resource Centre
- ✓ McMaster University Faculty of Health Sciences "Events & Rounds"
- ✓ McMaster Centre for Gerontological Studies "Educational Events"

**We want to hear from you! Please take a few moments to visit the site and give us your feedback at [lsage@stpetes.ca](mailto:lsage@stpetes.ca).**



**SAGE 2007:**  
*Service Awards for Geriatric Excellence*

**CALL FOR NOMINATIONS!**

The Regional Geriatric Program central (RGPC) and St. Peter's Health System are pleased to kick off the nomination process for the 4<sup>th</sup> Annual Service Awards for Geriatric Excellence (SAGE). The awards celebrate the accomplishments of those who commit their time and energy to improving the quality of life of seniors. We hope you will take the time to recognize someone you know, who makes a difference!

The RGPC and St. Peter's invite nominations from three Local Health Integration Network areas (LHINs 3, 4, and 6), including the regions of Brant, Halton, Hamilton, Haldimand and Norfolk, Niagara, Waterloo, and Wellington-Dufferin.

**Nomination forms may be downloaded from the RGPC website at [www.rgpc.ca](http://www.rgpc.ca).**

**Deadline for submissions is Thursday, March 1, 2007.**

For more information about the SAGE program, please contact  
Lynn Sage at (905) 777-3837, ext. 12434.

**Mark Your Calendars!**

**Friday, May 25, 2007**

*SAGE Awards Ceremony & Dinner*

*Liuna Station, Hamilton*

# AWARD CATEGORIES AND DESCRIPTIONS

## Individual

- Individual (e.g. frontline staff, clinicians, volunteers, etc.) whose contribution often exceeds expectations.
- Works to have a positive impact on the quality of life of seniors.
- Demonstrates dedication and leadership in the provision of care or service that optimizes the health, independence and quality of life of seniors.

## Executive

- Demonstrates leadership in the field of Geriatrics.
- Leads innovative program development that improves care for the elderly.
- Promotes clinical service excellence.
- Demonstrates inspiring vision of how care for the elderly can be improved.

## Team

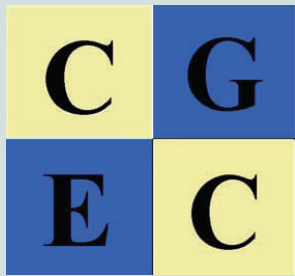
- Highly effective team, network, working group or committee.
- Demonstrates a far-reaching impact on seniors, services and/or care.
- Demonstrates leadership and dedication to enhanced capacity, coordination and collaboration in the provision of services to seniors.
- Utilizes best practices.

## Organization

- Is highly responsive to the needs of seniors.
- Provides a high-level and/or broad range of services to seniors and their families.
- Demonstrates coordination and linkages with other services.
- Demonstrates dedication, leadership and innovation.
- Utilizes best practices.

## Student

- Research interests demonstrate a genuine commitment to the field of aging.
- 3rd or 4th year of an undergraduate program or in any year of a graduate program in gerontology, geriatrics or any other program related to the field of aging.
- Has the capacity to be a leader of change in the field of aging.
- Has demonstrated through volunteer and committee work an interest and passion for the field of Gerontology.



*The Continuing Gerontological Education Cooperative  
is pleased to present:*

## **The 12<sup>th</sup> Annual Gerontological Services, Research & Education Expo**

**FREE EDUCATIONAL EVENT— REFRESHMENTS PROVIDED**

**ALL ARE WELCOME!**

Friday, January 26, 2007, 1:30 p.m. - 4:00 p.m.

Winterberry Heights Church, Stoney Creek, ON

### **FEATURE PRESENTATION:**

***"Finding the Best Resources for Best Practice -  
in LTC and Beyond"***

**Mary-Lou van der Horst, Regional Best Practice Guideline Coordinator for Long Term Care**

**Shannon Buckley, Coordinator, Long Term Care Resource Centre**

**Barb McCoy/Deb Bryson, Psychogeriatric Resource Consultants**

### **WHO SHOULD PARTICIPATE**

- Individuals and organizations who wish to learn about and share, innovative clinical practices, programs, research projects or education initiatives related to the care of older persons.
- Those interested in forming new linkages and networking with CGEC partners and other professionals in gerontological practice settings.

### **HOW TO PARTICIPATE**

#### **1. Display a Poster - SPACE STILL AVAILABLE!**

- Professionals and students with an interest in gerontology and/or working directly with older adults are encouraged to display posters of completed or in-progress [Research Projects](#), [Educational Initiatives](#), and [innovative Programs or Services](#) within their work settings.

#### **2. Attend the presentation, take in the posters and network with colleagues!**

### **FOR MORE INFORMATION, PLEASE CONTACT:**

Sue Rivers at 905-777-3837, x 12222 / [srivers@stpetes.ca](mailto:srivers@stpetes.ca)

Esther Coker at 905-777-3837, x12227 / [ecoker@stpetes.ca](mailto:ecoker@stpetes.ca)

# Education Calendar

## January 2007

For more information on these and other upcoming events,  
visit the RGPc Education Calendar at: [www.rgpc.ca](http://www.rgpc.ca)

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
					Geriatric Rounds: Strategies for Dealing with the Difficult Patient	
14	15	16	17	18	19	20
			Strategy to Improve Priority Setting Within & Between Health Systems		Ethical Issues in the Clinical Setting: Informed Consent	
21	22	23	24	25	26	27
			RNAO: Every Nurse a Leader	Montessori Based Activity for Dementia Clients	CGEC: Gerontological Services, Research and Education Expo	
28	29	30	31			
Manulife Walk for Memories		Alzheimer Society Public Lecture "Alzheimer's Disease: On the Road to Recovery"				

### Upcoming Events in Winter 2007... *(visit the Education Calendar at [www.rgpc.ca](http://www.rgpc.ca) for more details)*

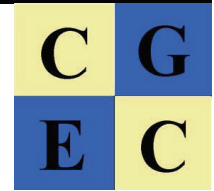
- **February 9:** "I'm Still Here", drama presentation on living alone with dementia (Joseph Brant Memorial Hospital, Burlington)
- **February 26 & 27:** "The One Abuse That Nobody Sees...A Call to Action", Ontario Network for the Prevention of Elder Abuse (Doubletree International Plaza Hotel, Toronto Airport)
- **March 28:** "Creating Meaning and Joy in Dementia Care", full day education workshop presented by the Continuing Gerontological Education Cooperative (Marquis Gardens, Ancaster)



**Long Term Care Resource Centre  
Recommended Reading List  
Compiled by Shannon Buckley**

January 2007

**Happy New Year!**



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**“When you absolutely positively have to know, ask a librarian!”**

**American Library Association (ALA)**

Gillis AJ & MacDonald B (2006) Unmasking delirium. *Canadian Nurse*, 102(9), 19-

Fellows J & Crestodina L. (2006) Home prepared saline: a safe, cost-effective alternative for wound cleansing in home care. *Journal of WOCN*, 33(6), 606-

Resnick B et al (2006) Nursing staff beliefs and expectations about continence care in nursing homes. *Journal of WOCN*, 33(6), 610-

Smith DB (2006) Urinary incontinence: a review. *Journal of WOCN*, 33(6), 619-

Ostaszkiwicz J (2006) A clinical nursing leadership model for enhancing continence care for older adults in a subacute inpatient care setting. *Journal of WOCN*, 33(6), 624-

Tinetti ME et al (2006) Fall-risk evaluation and management: challenges in adopting geriatric care practices. *Gerontologist*, 46(6), 717-

Lingler JH et al (2006) Making sense of mild cognitive impairment: a qualitative exploration of the patients experience. *Gerontologist*, 46(6), 791-

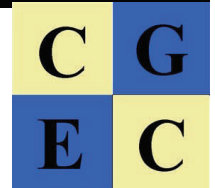
Gonyea JG et al (2006) Project CARE: a randomized controlled trial of a behavioral intervention group for Alzheimer's disease. *Gerontologist*, 46(6), 827-

Lesser JM & Hughes S (2006) Psychosis, agitation, and disinhibition in Alzheimer's disease. *Geriatrics*, 61(12), 14-

Wolf GA et al (2006) An evidence-based model for enriching academic nursing leadership. *Journal of Nursing Administration*, 36(12), 575-



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Kerfoot KM et al (2006) The power of collaboration with patient safety programs. *Journal of Nursing Administration*, 36(12), 582-

Herrin D et al (2006) A model academic-practice partnership. *Journal of Nursing Administration*, 36(12), 547-

Kirshen C et al (2006) Diagnosing and treating benign paroxysmal positional vertigo. *Journal of Gerontological Nursing*, 32(12), 22-

Yu F et al (2006) The association of physical function with agitation and passivity in nursing home residents with dementia. *Journal of Gerontological Nursing*, 32(12), 30-

Cohen-Mansfield J et al (2006) Medical decision-making in the nursing home. *Journal of Gerontological Nursing*, 32(12), 14-

Patton D (2006) The value of reality orientation with older adults who are mentally ill. *Journal of Gerontological Nursing*, 32(12), 6-

Phillips JM et al (2006) Where's the evidence? An innovative approach to teaching staff about evidence-based practice. *Journal for Nurses in Staff Development*, 22(6), 296-

Bosek MSD & Stammer K (2006) Ethical commitments during desperate times. *JONA's Healthcare Law, Ethics and Regulation*, 8(4), 123-

Woods S (2006) Continence: the Great Big "C". *Perspectives*, 30(3), 11-

*"If you aren't getting your information from me,  
where are you getting it?"*