

February 2007

# Breaking News...

## Specialized Geriatric Services



Regional Geriatric Program central

St. Peter's Hospital

### Happy New Year from the Niagara Dementia Care Network!

#### Points of Interest:

- **Niagara Dementia Care Network**
- **Government Consultations**
- **Geriatrics at JBMH**
- **GPA Certified Coach Training**
- **Service Awards for Geriatric Excellence**
- **Best Practices - Pain**
- **Community of Practice for Seniors with Responsive Behaviours**
- **CGEC Workshop: Creating Meaning & Joy in Dementia Care**
- **LTCRC Recommended Reading List**
- **Education Calendar**



(Dementia Care Network members pictured: Mahbuba Khanam, Niagara Region; Michele Bliss, PRC; Gail MacKenzie-High, Seniors Comm. Program; Jo O'Brien, Alzheimer Society; Ann Tassonyi, PRC; Tracey Schenck, CCAC; Wendy McPherson, GAP; Frank Woodhall, CCAC. Absent: Deb Smith, NRP; Rita Talosi, VON; Marge Dempsey, Alzheimer Society; Kathy Klauck, Heidehof; Charly Chiarelli (ex-officio), MOH/LTC; Jodie Mussell, Pfizer; Jill Watson, Lifeline, Diana Rende, Administrative Assistant, Linda Mann (ex-officio), MOH/LTC)

This past fall the Niagara Dementia Care Network (DCN) held a Skills Building Workshop funded by a grant from the Dementia Care Network Funding Initiative. Forty front line staff from Long Term Care were given the opportunity to practice interviewing skills, and use screening tools with client actors from McMaster's Standardized Patient Program. The actors did an excellent job of portraying clients with Delirium superimposed on Dementia, and Depression with Psychosis.

Delivery of the Gentle Persuasive Workshops continue in the Long Term Care Sector, and 5 U-First training workshops funded by the Ministry of Health and Long-Term Care were held in the Niagara region in November and December.

The Niagara DCN is looking forward to collaborating with other Networks across the LHIN. This year the Niagara DCN is celebrating its fifth year of existence and is planning to work in conjunction with the Alzheimer Society to focus on promoting public awareness of risk factors for Dementia, prevention, management and awareness of services that can assist clients and caregivers.

Please forward this newsletter to all appropriate contacts & networks. If you would like to be added to our distribution list, please contact Lynn Sage at

lsage@stpetes.ca

Ann Tassonyi, Psychogeriatric Resource Consultant  
[anntassonyi@alzheimerniagara.ca](mailto:anntassonyi@alzheimerniagara.ca)

## GOVERNMENT CONSULTATIONS

### MOHLTC 10Year Plan

The Ontario Ministry of Health and Long-Term Care is undertaking consultations for the development of a strategic plan, which is a commitment legislated under the Local Health System Integration Act. The plan is to be released in the spring of 2007.

For more information visit: [www.ourplanforhealth.ca/moh/default.aspx](http://www.ourplanforhealth.ca/moh/default.aspx)

### Retirement Homes

The Ontario government is conducting formal consultations regarding establishing province-wide care standards to help improve the safety and quality of the services provided to seniors living in retirement homes.

The Ontario Seniors' Secretariat will be hosting consultation sessions across Ontario, including:

<b>February 8</b> 1:30 - 4:30 p.m.	Kitchener-Waterloo	Holiday Inn 30 Fairway Road
<b>February 12</b> 1:30 - 4:30 p.m.	Toronto	YMCA 20 Grosvenor Street
<b>February 14</b> 1:30 - 4:30 p.m.	St. Catharines	Quality Hotel 327 Ontario Street
<b>February 15</b> 1:30 - 4:30 p.m.	Hamilton	Hamilton Convention Centre 1 Summers Lane

For more information visit: [www.citizenship.gov.on.ca/seniors/](http://www.citizenship.gov.on.ca/seniors/)



### Gentle Persuasive Approaches in Dementia Care Certified Coach Training Spring 2007

**April 12 & 13, 2007 - Casablanca Winery Inn, Grimsby**

**April 26 & 27, 2007 - Staybridge Suites, Hamilton**

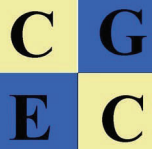
**May 7 & 8, 2007 - Holiday Inn, Burlington**

Registration forms are available for download from the CGEC website <http://cgec.rgpc.ca>

### Geriatrics at Joseph Brant Memorial Hospital (JBMH)

Many exciting opportunities are available at JBMH in geriatrics, including:

- Implementation of the Hospital Elder Life Program (HELP) on a medical floor.
- Exciting opportunity for a CNS/APN in Geriatrics in the Emergency Department. To view the posting for this position, visit the RGPc website at [www.rgpc.ca](http://www.rgpc.ca) and click on "Job Postings" from the main page. The posting can also be found at [www.workopolis.com](http://www.workopolis.com).



# Creating Meaning & Joy in Dementia Care

*Featuring:*

**BILL KEANE & KAREN STOBBE**

*Innovative Leaders in Person-Centred Dementia Care*

**Wednesday, March 28, 2007**

**8:00 a.m. to 4:00 p.m.**

Marquis Gardens, 1365 Sandhill Drive, Ancaster, Ontario

## OBJECTIVES

- Create practical and flexible team strategies to support a stimulating, safe and satisfying environment for clients, staff, and family.
- Understand my personal values and contexts surrounding aging and dementia, as well as what skills I bring to the team.
- Apply practical communication and engagement skills with persons with responsive behaviours, to foster positive and safe care relationships.
- Experience and value the person with dementia through positive insights and behavioural interactions.

## WHO SHOULD ATTEND?

This experiential workshop is intended for health care providers working with persons experiencing dementia in community and residential settings:

Nurses  
 Personal Support Workers  
 Occupational Therapists  
 Physiotherapists  
 Psychogeriatric Resource Consultants  
 Physicians  
 Social Workers  
 Therapeutic Recreationists  
 Volunteers/Volunteer Coordinators  
 Directors of Care/Nursing  
 Adult Day Program Staff  
 Speech Language Pathologists  
 Chaplains  
 Staff Educators

## WORKSHOP FEES

**Early Bird Registration by March 9, 2007:** CGEC partners – \$75    Non-Partners – \$85    **Student Rate:** \$45  
**Registration after March 9, 2007:** CGEC partners – \$85    Non-Partners – \$95

### Team Discount:

Teams of three or more are recommended for best results.

Register two people at full price and receive a **\$20 discount** for any additional registrants.

**Workshop brochure and registration form are available for download from the RGPc website at [www.rgpc.ca](http://www.rgpc.ca)**

For more information, contact Lynn Sage, Education Consultant RGPc & CGEC [lsage@stpetes.ca](mailto:lsage@stpetes.ca) or 9025-777-3837, x12434

***Presented by the Continuing Gerontological Education Cooperative***



## SAGE 2007: *Service Awards for Geriatric Excellence*

**Take time to recognize someone you know, who makes a difference!**

### CALL FOR NOMINATIONS!

The Regional Geriatric Program central (RGPC) and St. Peter's Health System are pleased to invite nominations for the 4<sup>th</sup> Annual Service Awards for Geriatric Excellence (SAGE). The awards celebrate the accomplishments of those who commit their time and energy to improving the quality of life of seniors. Nominations are welcome from the three Local Health Integration Network areas (LHINs 3, 4, and 6), including the regions of Brant, Halton, Hamilton, Haldimand and Norfolk, Niagara, Waterloo, and Wellington-Dufferin.

**Nomination forms may be downloaded from the RGPC website at [www.rgpc.ca](http://www.rgpc.ca).**

**Deadline for submissions is Thursday, March 1, 2007.**

### NEW HONOURARY CHAIR

We are pleased to announce that  
**Dr. Alexandra Papaioannou, Head, Division of Geriatric Medicine, McMaster University**  
is the Honourary Chair for the 2007 Service Awards for Geriatric Excellence.

**For more information about the SAGE program, please contact**

**Lynn Sage, RGPC at (905) 777-3837, ext. 12434.**

**Cutting Through the Foggy Myths Using  
Best Practice Guidelines in Long-Term Care**

# BP Blogger

**Myth Busting: The Pain Issue**

Check out the  
latest issue of the  
**BP Blogger:  
The Pain  
Issue**

on the RGPC  
website under  
"Hot Topics" at  
[www.rgpc.ca](http://www.rgpc.ca)

## SHARING, CARING, CONNECTING: A COMMUNITY OF PRACTICE TO HELP SENIORS WITH RESPONSIVE BEHAVIOUR

Funded by the Ministry of Health and Long Term Care, the Seniors Health Research Transfer Network (SHRTN - [www.shrtn.on.ca](http://www.shrtn.on.ca)) has created several Communities of Practice focused on caring for seniors. These communities are a place where care providers can exchange their knowledge and experience with others in formal and informal environments. One of these communities is for *Seniors with Responsive Behaviours (SWRB)*.

Although often referred to as “challenging” or “disruptive” behaviour, with those seniors experiencing dementia, responsive behaviour has been classified by the International Psychogeriatric Association and under the DSM-IV-TR as the “behavioural and psychological symptoms of dementia (BPSD)”. They may also be seen in individuals coping with disabilities that affect their self-care (stroke) and those transitioning to new living arrangements such as retirement homes, long-term homes and family members’ homes.

“A key component of caring for clients with responsive behaviours is managing your client’s behaviour towards him/herself, you (the provider) and others, while understanding that your client is dealing with a loss of independence, personal space, and control”, says Robin Hurst, SWRB’s resident expert.

Hurst went on to say, “It’s important for us as care providers to realize that responsive behaviour is not always linked to pathology. Because all behaviour has meaning, it is important for caregivers to address behaviour by understanding the meanings behind them, respecting the rights and personhood of the individual.”

Care of responsive behaviour also requires a holistic approach that takes into account the physical, emotional and spiritual needs of the person. Managing responsive behaviour requires a multidisciplinary approach to assess and provide care, which includes the individual, the patient’s family and caregivers in the plan of care.

The public and private websites for SWRB facilitate the sharing of knowledge through many mediums including a discussion forum, links to SHRTN library services and resources, an “Ask the Expert” feature and regularly scheduled fire-side chats (the next chat is scheduled for February 22).

A single person or network can only have so much experience in any one area, so why not learn from others? For more information, and to sign up for the private site, go to [www.responsivebehaviours.ca](http://www.responsivebehaviours.ca). Upon joining the site you will have access to forums and fireside chats held to discuss important issues on responsive behaviours.

For more information e-mail: [expert@saintelizabeth.com](mailto:expert@saintelizabeth.com).

### Clinical Behavioural Sciences Program Spring Session 2007

[www.fhs.mcmaster.ca/cbs/](http://www.fhs.mcmaster.ca/cbs/)

The CBS Program is offering a new course offering for Spring 2007

#### **GERIATRIC MENTAL HEALTH LEVEL II — March 7-May 30, Wednesdays 6-8 p.m.**

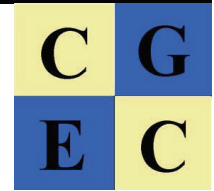
The course is designed to further enhance participant’s skills to communicate with, and support, older adults with mental health issues who are experiencing emotional distress and behavioral difficulties. Upon completion the student will learn the basic principles of supportive psychotherapy as specifically applied to the problems of the older adult.



**Long Term Care Resource Centre  
Recommended Reading List  
Compiled by Shannon Buckley**

January 2007

**Happy New Year!**



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**“When you absolutely positively have to know, ask a librarian!”**

**American Library Association (ALA)**

MacKenzie L et al (2007) Guidelines on using dolls. *Journal of Dementia Care*, 15(1), 26-

Walker B (2007) Communication: building up a toolkit of helpful responses. *Journal of Dementia Care*, 15(1), 28-

McCabe L (2007) Alcohol in care homes: what rules to play by? *Journal of Dementia Care*, 15(1), 34-

Leonard C (2007) Are hip protectors helpful for older people with dementia? *Journal of Dementia Care*, 15(1), 37-

Cohen B (2007) Best of care: most difficult of circumstances. *Caring*, 26(1), 12-

Glading-DiLorenzo J & Fazzi R (2007) A brief but interesting history of health care benchmarking. *Caring*, 26(1), 30-

Dorson P (2006) The gerontological nurse practitioner in the long-term care setting facilitating palliative care. *Geriatric Nursing*, 27(6), 343-

Young HM et al (2006) Linking theory and gerontological nursing practice in senior housing. *Geriatric Nursing*, 27(6), 346-

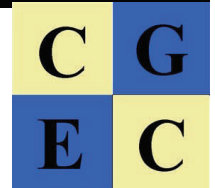
Phillips LJ (2006) Dropping the bomb: the experience of being diagnosed with Parkinson's disease. *Geriatric Nursing*, 27(6), 362-

Wall S (2006) Living with grey: role understandings between clinical nurse educators and advanced practice nurses. *Canadian Journal of Nursing Leadership*, 19(4), 57-

Gifford WA et al (2006) Leadership strategies to influence the use of clinical practice guidelines. *Canadian Journal of Nursing Leadership*, 19(4), 72-



**Long Term Care Resource Centre  
Recommended Reading List  
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January 2007

Winter L & Gitlin LN (2006) Evaluation of a telephone based support group intervention for female caregivers of community-dwelling individuals with dementia. *American Journal of Alzheimer's Disease and Other Dementias*, 21(6), 391-

Kaiser S & Panegyres PK (2006) The psychosocial impact of young onset dementia on spouses. *American Journal of Alzheimer's Disease and Other Dementias*, 21(6), 398-

Hochhalter AK et al (2006) Structured practice: a memory intervention for persons with dementia. *American Journal of Alzheimer's Disease and Other Dementias*, 21(6), 424-

Keller HH et al (2006) Mealtime experiences of families with dementia. *American Journal of Alzheimer's Disease and Other Dementias*, 21(6), 431-

Van Herk R et al (2007) Observation scales for pain assessment in older adults with cognitive impairments or communication difficulties. *Nursing Research*, 56(1), 34-

Kramer M et al (2007) Excellence through evidence: structures enabling clinical autonomy. *Journal of Nursing Administration*, 37(1), 41-

Nathenson P et al (2007) Relationship of RN role responsibilities to job satisfaction. *Rehabilitation Nursing*, 32(1), 9-

Policzer JS (2006) Dispelling the myth of intractable pain. *Caring*, 25(12), 26-

Blobstein L (2006) Preventing falls, preventing injury. *Long Term Care*, 16(4), 9-

Petrie AM (2006) The proof is in the (modified diabetic) pudding! Excellence in diabetes care. *Long Term Care*, 16(4), 16-

Anderson M et al (2006) A study in adjustment. *Long Term Care*, 16(4), 24-

Kenny N (2006) When it comes to infection control, knowledge really is power. *Long Term Care*, 16(4), 27-

# Education Calendar

## February 2007

For more information on these and other upcoming events,  
visit the RGPc Education Calendar at: [www.rgpc.ca](http://www.rgpc.ca)

SUN	MON	TUE	WED	THU	FRI	SAT
				<b>1</b>	<b>2</b>	<b>3</b>
					Grand Rounds: Executive Dysfunction in medical patients	
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
				Providing Support in the Late States of Dementia	<u>Play</u> "I'm Still Here" About Living with Dementia	
					Geriatric Rounds: Managing an RSV Outbreak in a Non-Compliant Setting	
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>			
	Provincial Elder Abuse Conference Toronto					

## Upcoming Events in Spring 2007... *(visit the Education Calendar at [www.rgpc.ca](http://www.rgpc.ca) for more details)*

- **Geriatric Emergency Management Conference**  
March 1, 2007 (Sunnybrook Health Sciences Centre, Toronto)
- **"Memory Enhancement Programming for Dementia: The Spaced Retrieval Approach"**  
**Dr. Cameron Camp**  
March 22-23, 2007 (McMaster University, Hamilton)