

December 2006



#### Points of Interest:

- **UBC Care for Elders Curriculum**
- **CGEC Services, Research & Education Expo**
- **Service Awards for Geriatric Excellence**
- **Clinical Behavioural Sciences Courses**
- **New Clinical Behavioural Sciences Courses at McMaster**
- **Best Practices: Incontinence**
- **RNAO Advanced Clinical/Practice Fellowships**
- **Education Calendar**
- **LTCRC Recommended Reading List**

Please forward this newsletter to all appropriate contacts & networks. If you would like to be added to our distribution list,

please contact Lynn Sage at

lsage@stpetes.ca

# Breaking News...

## Specialized Geriatric Services

Regional Geriatric Program central

St. Peter's Hospital

### CARE FOR ELDER'S CURRICULUM

#### An Interprofessional Modular Curriculum for Geriatrics

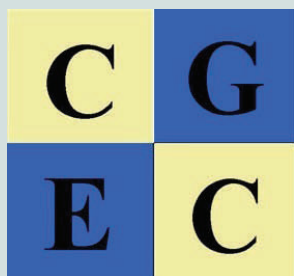
##### HIGHLIGHTS

- Developed by Dr. Martha Donnelly, Department of Family Practice and Psychiatry at UBC and partners.
- Regional Geriatric Program central (RGPC) has been given exclusive rights to promote this curriculum in Ontario.
- Targeted to interdisciplinary health care professionals in both community and residential care.
- Module program is flexible – use all modules or any combination.
- Program is free – only cost is copying of course materials.
- Evaluation must be completed and submitted to the RGPC.

##### CURRICULUM TOPICS

- Successful Aging
- Interprofessional Team Work
- Falls in the Elderly
- Medications and the Older Adult
- Chronic Neurological Disorders
- Depression and Grief in the Older Adult
- Dementia with Behavioral Problems I (early)
- Dementia with Behavioral Problems II (late)
- Delirium
- Persistent Pain
- Palliative Care

For more information, visit the RGPC website at [www.rgpc.ca](http://www.rgpc.ca) or contact David Jewell, Director, Regional Geriatric Program central at 905-777-3837, x12435 or [djewell@stpetes.ca](mailto:djewell@stpetes.ca).



*The Continuing Gerontological Education Cooperative  
is pleased to present*

## **The 12<sup>th</sup> Annual Gerontological Services, Research & Education Expo**

Friday, January 26, 2007

1:30 - 4:00 p.m.

Winterberry Heights Church

Stoney Creek, ON

### **Who Should Participate?**

- Individuals and organizations who wish to learn about and share, innovative clinical practices, programs, research projects or education initiatives related to the care of older persons.
- Those interested in forming new linkages and networking with CGEC partners and other professionals in gerontological practice settings.

### **Display a Poster**

- Professionals and students with an interest in gerontology and/or working directly with older adults are encouraged to display posters of completed or in-progress **RESEARCH PROJECTS, EDUCATIONAL INITIATIVES, PROGRAMS** or **SERVICES** within their work settings.
- Each display should have someone in attendance to explain the project, and answer questions. Participants are welcome to bring handouts, abstracts and multimedia displays related to their posters.
- Register early to ensure a space for your poster. Presenters will receive additional information after receipt of registration.

**PLEASE REGISTER BY DECEMBER 22, 2006 TO ENSURE A SPACE FOR YOUR POSTER!**

Registration forms are available on the Regional Geriatric Program website at [www.rgpc.ca](http://www.rgpc.ca).

### **FOR MORE INFORMATION, PLEASE CONTACT:**

**Susan Rivers - 905.777.3837, x12220 or [srivers@stpetes.ca](mailto:srivers@stpetes.ca)**

**Esther Coker - 905.777.3837, x12227 or [ecoker@stpetes.ca](mailto:ecoker@stpetes.ca)**



## **MARK YOUR CALENDARS!**

### ***4th Annual Service Awards for Geriatric Excellence (SAGE)***

**Friday, May 25, 2007**

**Hamilton, Ontario**

**\*\* Nomination forms will be available in January 2007 \*\***

**SAGE celebrates the accomplishments of those who commit their time and energy to improving the quality of life of seniors. We hope you will take the time to recognize someone you know, who makes a difference!**

## **CBS PROGRAM, JANUARY 2007**

The Clinical Behavioural Sciences Program is offering courses in the following areas beginning in January 2007! There are still a few spaces available.

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**Family Assessment & Formulation Level I & II**

**Group Studies Level I -**

**Organization Studies Level I**

**Psychodynamic Psychotherapy Level I**

**Psychological Tests, Level II, Psychological Tests – Level IIB**

**Applied Behavioural Analysis and Therapy Level II**

For further information please contact, Tracey Oliphant, at (905) 525-9140 Ext. 22706 or by email [cbs@mcmaster.ca](mailto:cbs@mcmaster.ca). A limited "Dean's Fund" is available (on a first-come, first serve basis) for staff associated with HHS.

Cutting Through the Foggy Myths Using  
Best Practice Guidelines in Long-Term Care

December 2006

# BP Blogger

## Myth Busting: The Bladder Issue

Check out the inaugural issue of the **BP Blogger**! The aim of this two page newsletter is to dispel everyday myths on the care of the elderly. The content is entirely evidence-based. We hope you find this a helpful tool to get the best evidence into the hands of everyone in your organization. The December issue focuses on **incontinence**.

**Developed by** Mary-Lou van der Horst. Regional Best Practice Guidelines Coordinator for LTC - Central South and Shannon Buckley, Long Term Care Resource Centre (LTCRC), Hamilton.

**To view the newsletter in full, visit the RGPc website at [www.rgpc.ca](http://www.rgpc.ca).**

Please send any comments or suggestions to Shannon Buckley at [sbuckley@stpetes.ca](mailto:sbuckley@stpetes.ca).

### Inside this issue:

**Myth 1:**

Everyone becomes incontinent

**Myth 2:**

Drink less, fewer problems

**Myth 3:**

All women become incontinent

**Myth 4:**

Why bother, there's no hope

**Myth 5:**

It takes too much time to toilet

**Best Practice Guidelines and Websites**

**Contact**



**RNAO**

Registered Nurses' Association of Ontario  
L'Association des infirmières et infirmiers  
autorisés de l'Ontario

*Speaking out for health. Speaking out for nursing.*

## The ACPF Request-for-Proposal (RFP) has been issued!

The Registered Nurses' Association of Ontario (RNAO), through ongoing funding from the Government of Ontario, continues to develop, coordinate, evaluate and lead a program of Advanced Clinical/Practice Fellowships for Nurses (ACPF). This program aims to impact patient care and enhance nursing care at your organization.

Funding of up to \$12,000 is provided from the RNAO with the Sponsor Organization contributing \$5,000. The deadline for the ACPF proposal submission is **Tuesday, January 30, 2007 at 3 p.m.** For this cycle of fellowships, applicants must propose a fellowship start date no earlier than April 2, 2007, and an end date no later than February 29, 2008. Applicants will be notified of decisions by March 16, 2007. Proposal writing workshops are offered for free via teleconference and available to all nurses interested in participating in an ACPF fellowship.

**Call Now to Register! Contact Citlali Villa-Singh at 416-907-7950 or via email at [cvillasingh@RNAO.org](mailto:cvillasingh@RNAO.org). Visit the program website for more information and to download the new RFP documents at [www.rnao.org/acpf](http://www.rnao.org/acpf).**

# Education Calendar

December 2006

For more information on these and other upcoming events, visit the RGPc Education Calendar at: [www.rgpc.ca/calendar/displaycal.cfm](http://www.rgpc.ca/calendar/displaycal.cfm)

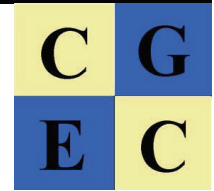
SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4 New Approaches to the Management of Chronic Disease (OHA/OHPA)	5 Current Issues in Risk Management Community Health Awareness of Diabetes	6 Depression in Seniors...Causes & Complications Planning for End of Life with Patients with Heart Failure	7	8 Geriatric Grand Medical Rounds: COPD in the Elderly	9
10	11	12	13 Looking at End of Life Care	14 Tool Time: Reviewing Cognitive & Behavioural Assessment Tools	15 Regional Stroke Clinical Update/ H.J.M. Barnett Stroke Lecture	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



**Long Term Care Resource Centre  
Recommended Reading List**

*Compiled by Shannon Buckley*

December 2006



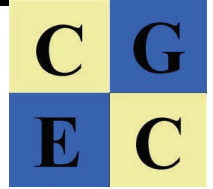
**“When you absolutely positively have to know, ask a librarian!”**

**American Library Association (ALA)**

- Albin, R.L. (2006) Parkinson's disease: background, diagnosis, and initial management. *Clinics in Geriatric Medicine*, 22(4), 735-
- Barbas, N.R. (2006) Cognitive, affective and psychiatric features of Parkinson's disease. *Clinics in Geriatric Medicine*, 22(4), 773-
- Gilman, S. (2006) Parkinsonian syndromes. *Clinics in Geriatric Medicine*, 22(4), 827-
- Perlman, S.L. (2006) Ataxias. *Clinics in Geriatric Medicine*, 22(4), 859-
- Chou, K.L. & Friedman, J.H. (2006) Tardive syndromes in the elderly. *Clinics in Geriatric Medicine*, 22(4), 915-
- Wilson, R.K. & Williams, M.A. (2006) Normal pressure hydrocephalus. *Clinics in Geriatric Medicine*, 22(4), 935-
- Marshall, M. & Tibbs, M.A. (2006) Social work and dementia: reasons to be cheerful. *Journal of Dementia Care*, 14(6), 24-
- Jennings, P. (2006) Poetry: a powerful tool to explore words and meaning. *Journal of Dementia Care*, 14(6), 28-
- Wood-Mitchell, A. et al (2006) Lying to people with dementia: sparking the debate. *Journal of Dementia Care*, 14(6), 30-
- Bryan, K. (2006) Communication with dementia: how effective is training? *Journal of Dementia Care*, 14(6), 35-
- Delmas, L. (2006) Best practice in the assessment and management of diabetic foot ulcers. *Journal of Rehabilitation Nursing*, 31(6), 228-
- Rieg, L.S. et al (2006) Spiritual care: guidelines for rehabilitation nurses. *Journal of Rehabilitation Nursing*, 31(6), 249-
- Gaskamp, C. et al (2006) Evidence-based guideline: promoting spirituality in the older adult. *Journal of Gerontological Nursing*, 32(11), 8-
- Crogan, N.L. et al (2006) The shortened food expectations – long-term care questionnaire. *Journal of Gerontological Nursing*, 32(11), 50-
- Springer, P.J. et al (2006) Enhancing evidence-based practice through collaboration. *Journal of Nursing Administration*, 36(11), 534-
- Kolcaba, K. et al (2006) Comfort theory: a unifying framework to enhance the practice environment. *Journal of Nursing Administration*, 36(11), 538-
- Apotolidis, B.M & Polifroni, C. (2006) Nurse work satisfaction and generational differences. *Journal of Nursing Administration*, 36(11), 506-
- Caplan, G.A. et al (2006) Advance care planning and hospital in the nursing home. *Age and Ageing*, 35(6), 581-



**Long Term Care Resource Centre  
Recommended Reading List, Cont'd...**



- Aminoff, B.Z. & Adunsky, A. (2006) Their last 6 months: suffering and survival of end-stage dementia patients. *Age and Ageing*, 35(6), 597-
- Miller, N. et al (2006) Hard to swallow: dysphagia in Parkinson's disease. *Age and Ageing*, 35(6), 614-
- Tun, P.A. & Lachman, M.E. (2006) Telephone assessment of cognitive function in adulthood. *Age and Ageing*, 35(6), 629-
- Barak, Y. et al (2006) Gait characteristics of elderly people with a history of falls. *Physical Therapy*, 86(11), 1501-
- Ennis, W.J. et al (2006) Evaluation of clinical effectiveness of MIST ultrasound therapy for the healing of chronic wounds. *Advances in Skin and Wound Care*, 19(8), 437-
- Sibbald, R.G. et al (2006) Increased bacterial burden and infection: the story of NERDS and STONES. *Advances in Skin and Wound Care*, 19(8), 447-
- Hanson, D. et al (2006) Pressure mapping: seeing the invisible. *Advances in Skin and Wound Care*, 19(8), 432-
- LeBlanc, L.A. et al (2006) Using choice-making opportunities to increase activity engagement in individuals with dementia. *American Journal of Alzheimer's Disease and Other Dementias*, 21(5), 318-
- Hopkins, R.W. et al (2006) The Kingston standardized behavioral assessment. *American Journal of Alzheimer's Disease and Other Dementias*, 21(5), 339-
- Lippa, C.F. (2006) An individualized approach to treatment for Alzheimer's disease, Pick's disease and other dementias. *American Journal of Alzheimer's Disease and Other Dementias*, 21(5), 354-
- Perivolaris, A. et al (2006) An enhances dining program for persons with dementia. *Alzheimer's Care Quarterly*, 7(4), 258-
- Schempp, D. (2006) Camp for caring: an alternative respite option for Alzheimer's caregivers. *Alzheimer's Care Quarterly*, 7(4), 268-
- Gilpin, L. (2006) The Planetree model: its impact on caring for those with dementia. *Alzheimer's Care Quarterly*, 7(4), 273-
- Zarowitz, B.J. & Ouslander, J.G. (2006) Management of urinary incontinence in older persons. *Geriatric Nursing*, 27(5), 265-
- Jett, K.F. (2006) Examining the evidence: knowing if and when to transfer a resident with pneumonia from the nursing home to the hospital or subacute unit. *Geriatric Nursing*, 27(5), 280-
- Resnick, B. (2006) Potential interventions focused on prevention of behavioral problems in nursing homes. *Geriatric Nursing*, 27(5), 282-
- Moore, S. et al (2006) The quest for meaning in aging. *Geriatric Nursing*, 27(5), 293-