Pain Management Monitoring Flow Sheet

Resident's Name_____

Cognitively Impaired ☐ **Mild** ☐ **Moderate** ☐ **Severe**

Describe the Resident's Persistent Pain Responsive Behaviours	**Goals for Pain Relief**

All residents with persistent pain should be cared for in an environment and manner that is as comforting, supportive and improves their quality of life as is possible

Comprehensive Pain Assessment
Most Recent Date:

Pain Assessment:
Standardized Tools & Scales Used:
☐**PACSLAC** ☐**Doloplus 2** ☐**Abbey** ☐**Other**_____

Pain Rating Scales: *DO NOT USES FACES SCALE*
☐**NRS** ☐**VAS** **Score** _____

Current Pain Score			**Interventions**			**Monitoring: Follow-up on Interventions and Changes in Responsive Behaviours**				
Date	**Time**	☐**NRS** ☐**VAS** ***Attempt toUSE in Mild to Moderate CI***	**Comfort Measure Intervention**	**Medication Intervention** ***REFER to MAR for Med details***	**Initials**	**Date**	**30 min ↓ or ↑ in Responsive Behaviours**	**2-3 hour ↓ or ↑ in Responsive Behaviours**	**Initials**	**Comments**

Comfort Measures:
A Talking
B Massage
C Cold compresses
D Hot compresses
E Walking
F Music/TV
G Repositioning

Other:

Medications:
A Oral
B Topical
C Rectal
D Injection

- *Pain in residents with cognitive impairment/dementia often can be reliably detected and effectively treated despite their difficulties to or inability to communicate their pain.*
- *These residents may not show the typical signs and symptoms to the same degree as others making pain response different.*
- *It is important to understand that they maybe expressing their pain through responsive behaviours.*
- *Once interventions are implemented, monitor for changes in their responsive behaviours*