

After the Fall: A Guide for Patients and Families

- What Should You Look For?**
- Any fall needs medical evaluation, urgent attention if there is injury, or at least a routine evaluation to find the cause and prevent the next fall.
 - If there is an obvious injury, the person should obtain medical assistance immediately and notify his or her primary health care provider.
 - Even without obvious injury, if there is a significant blow to the head or any loss of consciousness, the person needs immediate medical attention.
 - Any signs of confusion after a fall warrant immediate medical evaluation.
 - Even if there is no injury, falling could be related to other medical conditions and should be reported to the primary care provider.

(Adapted with permission from the Practicing Physician Education Project 2006)