

NORMATIVE DATA

MoCA scores			
	Normal Controls (NC)	Mild Cognitive Impairment (MCI)	Alzheimer's Disease (AD)
Number of subjects	90	94	93
MoCA average score	27.4	22.1	16.2
MoCA standard deviation	2.2	3.1	4.8
MoCA score range	25.2 - 29.6	19.0 - 25.2	21.0 - 11.4
Suggested cut-off score	≥26	<26	<26 ^ψ

^ψ Although the average MoCA score for the AD group is much lower than the MCI group, there is overlap between them. The suggested MoCA cut-off score is thus the same for both. The distinction between AD and MCI is mostly dependent on the presence of associated functional impairment and not on a specific score on the MoCA test.

Sensitivity and Specificity (%) MoCA and MMSE			
Cut-off	≥ 26	< 26	< 26
Group	Normal Controls	Mild Cognitive Impairment	Alzheimer Disease
(n)	(90)	(94)	(93)
MoCA	87	90	100
MMSE	100	18	78

MoCA Items Average scores

	NC		MCI		AD	
	AVG	SD	AVG	SD	AVG	SD
Trails	0.87	0.34	0.56	0.50	0.27	0.45
Cube	0.71	0.46	0.46	0.50	0.25	0.43
Clock	2.65	0.65	2.16	0.82	1.56	0.98
Naming	2.88	0.36	2.64	0.58	2.19	0.82
Memory	3.73	1.27	1.17	1.47	0.52	1.03
Digit span	1.82	0.44	1.83	0.43	1.49	0.62
Letter A	0.97	0.18	0.93	0.26	0.67	0.47
Serial 7	2.89	0.41	2.65	0.65	1.82	1.12
Sentence rep	1.83	0.37	1.49	0.71	1.37	0.80
Fluency F	0.87	0.34	0.71	0.45	0.32	0.47
Abstraction	1.83	0.43	1.43	0.68	0.99	0.80
Orientation	5.99	0.11	5.52	0.84	3.92	1.73
Total*	27.37	2.20	22.12	3.11	16.16	4.81

SD=Standard Deviation. AVG=Average

*Total is adjusted for education

Nasreddine et al. J Am Geriatr Soc 53:695–699, 2005.

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