

# MEDICATIONS CAUSING DELIRIUM

PRESCRIPTION

<b>Central Acting Agents</b>	<ul style="list-style-type: none"> <li>○ Sedative hypnotics (e.g., benzodiazepines)</li> <li>○ Anticonvulsants (e.g., barbiturates)</li> <li>○ Antiparkinsonian agents (e.g., Benztropine, Trihexyphenidyl)</li> </ul>	<b>Analgesics</b>	<ul style="list-style-type: none"> <li>○ Narcotics (eg. Meperidine*)</li> <li>○ Non-steroidal anti-inflammatory drugs*</li> </ul>
<b>Antibiotics</b>	<ul style="list-style-type: none"> <li>○ Fluoroquinolones*</li> </ul>	<b>Anticonvulsants</b>	<ul style="list-style-type: none"> <li>○ Phenytoin,</li> <li>○ Phenobarbitone,</li> <li>○ Mysoline</li> </ul>
<b>Antihistamines</b>	<ul style="list-style-type: none"> <li>○ first generation (e.g., Hydroxyzine, Diphenhydramine)</li> </ul>	<b>Antiparkinsonian</b>	<ul style="list-style-type: none"> <li>○ Dopamine agonists</li> <li>○ Levodopa-carbidopa</li> <li>○ Anticholinergics</li> <li>○ Benztropine</li> </ul>
<b>Antinauseants</b>	<ul style="list-style-type: none"> <li>○ Scopolamine</li> <li>○ Dimenhydrinate</li> </ul>	<b>Psychotropic Medications</b>	<ul style="list-style-type: none"> <li>○ Tricyclic antidepressants (eg. Amitriptyline, Imipramine and Doxepin)</li> <li>○ Lithium*</li> <li>○ Neuroleptics (eg. Chlorpromazine)</li> </ul>

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<b>Cardiac Medications</b>	<ul style="list-style-type: none"> <li>○ Antiarrhythmics</li> <li>○ Digitalis*</li> <li>○ Antihypertensives (eg. b-blockers, methyl dopa)</li> </ul>	<b>Bladder and Bowel/GI</b>	<ul style="list-style-type: none"> <li>○ Promotility agents</li> <li>○ Antispasmodics (eg. Tolteridine, Oxybutynin)</li> <li>○ H2-blockers* (eg. Cimetidine)</li> </ul>
<b>Miscellaneous</b>	<ul style="list-style-type: none"> <li>○ Skeletal muscle relaxants</li> <li>○ Steroids</li> <li>○ Flu (e.g. Amantadine)</li> </ul>	* Requires adjustment in renal impairment.	
<b>OVER THE COUNTER &amp; COMPLEMENTARY MEDICATIONS</b>		<ul style="list-style-type: none"> <li>○ Antinauseants (e.g. Dimenhydrinate, Scopolomine)</li> <li>○ Liquid medications containing alcohol</li> </ul>	
<ul style="list-style-type: none"> <li>○ Antihistamines (First generation such as diphenhydramine, chlorpheniramine)</li> </ul>		<ul style="list-style-type: none"> <li>○ Mandrake</li> <li>○ Henbane</li> </ul>	<ul style="list-style-type: none"> <li>○ Jimson weed</li> <li>○ Atropa belladonna extract</li> </ul>

Canadian Coalition for Seniors' Mental Health (CCSMH) (2006). *National Guidelines for Seniors' Mental Health. The Assessment and Treatment of Delirium*. Toronto, ON: Author/Baycrest. Alagiakrishnan and Wiens. (2004)