

**A. Toilet**

1. Cares for self at toilet completely, no incontinence.
2. Needs to be reminded, or needs help in cleaning self, or has rare (weekly at most) accidents.
3. Soiling or wetting while asleep more than once a week.
4. Soiling or wetting while awake more than once a week.
5. No control of bowels or bladder.

Comments: \_\_\_\_\_

**B. Feeding**

1. Eats without assistance.
2. Eats with minor assistance at meal times and/or with special preparation of food, or help in cleaning up after meals.
3. Feeds self with moderate assistance and is untidy.
4. Requires extensive assistance for all meals.
5. Does not feed self at all and resists efforts of others to feed him.

Comments: \_\_\_\_\_

**C. Dressing**

1. Dresses, undresses and selects clothes from own wardrobe.
2. Dresses and undresses self, with minor assistance.
3. Needs moderate assistance in dressing or selection of clothes.
4. Needs major assistance in dressing, but cooperates with efforts of others to help.
5. Completely unable to dress self and resists efforts of others to help.

Comments: \_\_\_\_\_

**D. Grooming (neatness, hair, nails, hands, face, clothing)**

1. Always neatly dressed, well-groomed, without assistance.
2. Grooms self adequately with occasional minor assistance, e.g., shaving
3. Needs moderate and regular assistance or supervision in grooming.
4. Needs total grooming care, but can remain well-groomed after help from others.
5. Actively negates all efforts of others to maintain grooming.

Comments: \_\_\_\_\_

**E. Physical Ambulation**

1. Goes about neighbourhood or city.
2. Ambulates within residence or about one block distant.
3. Ambulates with assistance of another person.
4. Sits unsupported in chair or wheelchair, but cannot propel self without help.
5. Bedridden more than half the time.

Walking aids:  cane  walker  wheelchair  scooter

Comments: \_\_\_\_\_

**F. Bathing**

1. Bathes self (tub, shower) without help.
2. Bathes self with assistance.
3. Washes face and hands only, but cannot bathe rest of body.
4. Does not wash self but is cooperative with those who bathe him.
5. Does not try to wash self and resists efforts to keep him clean.

Comments: \_\_\_\_\_

Total Score: \_\_\_\_\_

Minor Assistance: Requires verbal cueing to initiate task or to be redirected to task, and/or requires assistance with set-up (removing lid, gathering clothes) - individual does not require hands-on assist.  
Moderate Assistance: Requires continuous verbal cues to maintain task, and/or requires hands-on assist to complete task (50%).  
Major/Extensive Assistance: The task is performed by another person but the patient participates (opens mouth, lift arms).

Name of assessor: \_\_\_\_\_

Date: \_\_\_\_\_

The Modified Instrumental Activities of Daily Living Scale  
Lawton Brody

**A. Ability to use Telephone**

1. Operates telephone on own initiative - looks up and dials numbers, etc.
2. Dials a few well-known numbers.
3. Answers telephone but does not dial.
4. Does not use telephone at all.

Comments: \_\_\_\_\_

**B. Shopping**

1. Takes care of all shopping needs independently.
2. Shops independently for small purchases.
3. Needs to be accompanied on any shopping trip.
4. Completely unable to shop.

Comments: \_\_\_\_\_

**C. Food Preparation**

0. Never/rarely performed task in the past.
1. Plans, prepares and serves adequate meals independently.
2. Prepares adequate meals if supplied with ingredients.
3. Heats and serves prepared meals, or prepares meals but does not maintain adequate diet.
4. Needs to have meals prepared and served.

Comments: \_\_\_\_\_

**D. Housekeeping**

0. Never/rarely performed task in the past.
1. Maintains house alone or with occasional assistance (e.g. "heavy work-domestic help")
2. Performs light daily tasks such as dish washing, bed making.
3. Performs light daily tasks but cannot maintain acceptable level of cleanliness.
4. Needs help with all home maintenance tasks.
5. Does not participate in any housekeeping tasks.

Comments: \_\_\_\_\_

**E. Laundry**

0. Never/rarely performed task in the past.
1. Does personal laundry completely.
2. Launders small items-rinses socks, stockings, etc.
3. All laundry must be done by others.

Comments: \_\_\_\_\_

**F. Mode of Transportation**

1. Travels independently on public transportation or drives own car.
2. Arranges own travel via taxi, but does not otherwise use public transportation.
3. Travels on public transportation when assisted or accompanied by another.
4. Travels limited to taxi or automobile with assistance of another.
5. Does not travel at all.

Comments: \_\_\_\_\_

**G. Responsibility for own Medication**

0. Does not apply - does not currently take medications
1. Is responsible for taking medication in correct dosages at correct time.
2. Takes responsibility if medication is prepared in advance in separate dosages.
3. Is not capable of dispensing own medication.

Comments: \_\_\_\_\_

**H. Ability to Handle Finances**

0. Never/rarely performed task in the past.
1. Manages financial matters independently (budgets, writes checks, pays rent, bills, goes to bank), collects and keeps track of income.
2. Manages day-to-day purchases, but needs help with banking, major purchases, etc.
3. Incapable of handling money.

Comments: \_\_\_\_\_

Total Score: \_\_\_\_\_