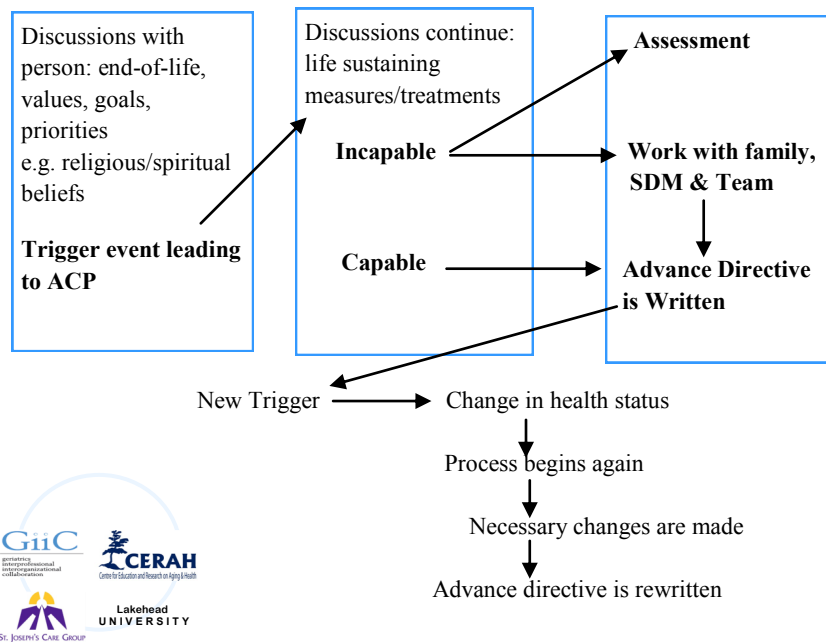


THE PROCESS of ADVANCE CARE PLANNING

Choosing care that would enhance quality of life and comfort



ADVANCE CARE PLANNING TERMS

Advance Care Planning is a process of planning for the final phase of life if incapacitated.

Advance Care Directive is a verbal or written instruction expressing a person's health care wishes. An advance directive carries ethical, moral and legal weight.

Canadian Common law is judge-made or case law which recognizes the rights of capable adults to make oral or written advance directives which provide instructions about their health choices during a time of future incapacity.

Capacity centers on a person's ability to understand the relevant information and appreciate the reasonably foreseeable consequences of a decision.

End-of-Life Care for Seniors is an active, compassionate approach that treats, comforts and supports older individuals who are living with, or dying from progressive or chronic life-threatening conditions.

Family is whoever the individual designates as being a family member.

Power of attorney for personal care is the term used in Ontario for a person who is appointed by a capable individual as his/her substitute decision-maker in the event he/she becomes incapacitated.

Substitute decision-maker (SDM) is obligated to help make decisions based on what the person would have wanted if he/she were still able to tell the health care team.

Proxy is an alternative term to describe a substitute decision-maker in some Canadian provinces or territories.