

Geriatrics in Primary Care - Falls

Other References

Articles

American Geriatric Society, British Geriatric Society, American Academy of Orthopaedic Surgeons (2001). Guideline for the prevention of falls in older persons. *Journal of the American Geriatrics Society* 49:664-672.

Bischoff, H.A. (2003) The importance of maximizing Vitamin D in the elderly diet with respect to function and falls. *Geriatrics & Aging*, 6, 7, 41-44.

Donaldson, M., Khan, K.M. and Lord, S.R. (2003) Delivery of optimal falls prevention in community-dwelling older people. *Geriatrics & Aging*, 6, 7, 26-30.

Gagnon, N. and Flint, A.J. (2003) Fear of falling in the elderly. *Geriatrics & Aging*, 6, 7, 15-17.

Goldlist, B (2003) Falls: A perfect paradigm for multifaceted management (Editor's note). *Geriatrics & Aging*, 6, 7.

Grant, M. (2003) Treatment of orthostatic hypotension: preserving function and quality of life. *Geriatrics & Aging*, 6, 7, 32-36.

Jones, G.R., and Frederick, J.A. (2003) The Canadian Centre for Activity and Aging's Home Support Exercise Program. *Geriatrics and Aging*. 6, 7, 48-49.

Kilpatrick, K. (2004) The importance of exercise in the elderly. *The Canadian Journal of CME*. 8, 65-68.

Lam, R. (2007). Choosing the correct walking aid for patients. *Canadian Family Physician*. 53, 2115-2116.

Liu, B. (2003) Relationship between antidepressants and the risk of falls. *Geriatrics & Aging*, 6, 7, 45-47.

Meyer, G., Warnke, A., and Muhlhauser, I. (2003) Fall and fracture prevention in the elderly. *Geriatrics & Aging*, 6, 7, 12-14.

Shaw, F.E. (2003) Falls in older people with dementia. *Geriatrics & Aging*, 6, 7, 37-40.

Shumway-Cook, A., Brauer, S., and Woollacott, M. (2000). Predicting the probability for falls in community-dwelling older adults using the Timed Up & Go test. *Physical Therapy*, 80, 896-903.

Swinburn, B. and Sager, R. (2003) Promotion of exercise prescriptions in general practice for older populations. *Geriatrics & Aging*, 6, 7, 20-23.

Geriatrics in Primary Care - Falls

Reports

Canadian Institute for Health Information, *Health Indicators 2007* (Ottawa: CIHI, 2007).

Division of Aging and Seniors (2005). *Report on seniors' falls in Canada*. Minister of Public Works and Government Services, Public Health Agency of Canada. Ottawa, Ontario. Retrieved, July 4, 2008, from http://www.phac-aspc.gc.ca/seniors-aines/pubs/seniors_falls/index.htm.

Toolkits

Laird, R.D. and Robinson, B.E. (Eds) (2006). Falls in older adults: Evaluation and management in primary practice (3rd Ed). In Tool Kit 4: *The Practicing Physician Education Project Tools for the Evaluation and Management of Geriatric Patients in Primary Practice*. Supported by the Merck Institute of Aging and Health. <http://www.gericareonline.net/tools/eng/falls/index.html>

The Kingston Frontenac Lennox and Addington Falls Coalition "Stay on Your Feet" toolkit. Contains facts and stats, professional and patient/caregiver resources. <http://www.stepsafe.com/>

The Mississauga Halton Falls Prevention Resource Guide. (2008) 23 pages. Contains provincial and national facts and statistics, best practices for falls assessment and intervention in a variety of settings and links to other resources.

[http://www.mississaugahaltonhin.on.ca/uploadedFiles/Home_Page/Report_and_Publications/
Falls%20Prevention%20Resources%20Guide%20%202008.pdf](http://www.mississaugahaltonhin.on.ca/uploadedFiles/Home_Page/Report_and_Publications/Falls%20Prevention%20Resources%20Guide%20%202008.pdf)

Promising Pathways. This guidebook from The Public Health Agency of Canada, Division of Aging and Seniors, is designed for health professionals who work with seniors in the community. It contains best practices for falls assessment and intervention as well as professional tools and resources. http://www.phac-aspc.gc.ca/seniors-aines/pubs/Falls_Prevention/Promising_Pathways/promising_about_e.htm

Department of Human Services (2005). Falls prevention guidelines for general practitioners for assessing and managing older people. <http://www.health.vic.gov.au/agedcare>