

Contributors to Transient Incontinence

Condition	Identification/Mechanism
Delirium	Mental status changes, confusion
Drug side effects	
Diuretics	Increase urine volume — includes caffeine
Anticholinergics	Urinary retention — TCA's, psychotropics, antihistamines, Parkinson's
Sedatives	Decrease alertness — alcohol, hypnotics, narcotics
Alpha-adrenergic agents	Increase sphincter tone — retention
Alpha-adrenergic blockers	Decrease sphincter tone
Calcium channel blockers	Urinary retention
Retention of feces	History, rectal examination
Restricted mobility	Gait evaluation
Infection, Urinary	Urinalysis, Culture
Inflammation	Genital examination
Polyuria	Hyperglycemia, hypercalcemia, peripheral edema (nocturnal)
Psychogenic	Alcohol, depression