

# Dr. Alexandra Papaioannou

## Oral Health for Frail Older Adults 4-Part IPNE Series \*

January 19, 26 and February 2, 9, 2009

The Presenters' Bios.....

**Alexandra Papaioannou** is a Professor in the Department of Medicine, Director of the Division of Geriatric Medicine, McMaster University, with joint appointment in the Division of Rheumatology. She is an Associate Member in the Department of Clinical Epidemiology and Biostatistics and has completed Masters of Science (MSc), Health Research Methods at McMaster University. Dr. Papaioannou is Chair of the Scientific Advisory Council of Osteoporosis Canada (OC) and past Chair of the Board. Dr. Papaioannou was awarded the Lindy Fraser Award (2005) by OC. She is Co-Director of the Hamilton Canadian Multi-Centre Osteoporosis Study (CaMos) and is leading the Fracture Think Osteoporosis project, a chronic disease management program in Hamilton, Ontario. Dr. Papaioannou is a member of the Scientific Advisors of the International Osteoporosis Foundation.

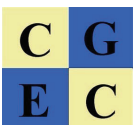
Dr. Papaioannou was awarded an Ontario Career Scientist Award and has served on a number of Ontario Ministry of Health and Long Term Care (MOH LTC) Committees including serving as the Co-Chair of the MOHLTC Osteoporosis Strategy for Ontario, a public health initiative to prevent and reduce the impact of osteoporosis, fractures and falls. She is lead investigator for the Long-term Care Ontario Osteoporosis Strategy.

She has served on CIHR committees including Scientific Officer of the Mobility in Aging – Pilot Project Committee. Dr. Papaioannou has received a number of CIHR grants including “Improving Prescribing of Medications and Patient Safety in Long-Term Care” and has been a co-investigator of a number of team CIHR grants: “Helping seniors and primary care professionals optimize the use of drugs to improve health (TIPPS)”, and “Training program in skeletal health research”. She has published 105 peer reviewed journal articles and 14 book chapters. Dr. Papaioannou is an Associate Member of the Centre for Evaluation of Medicines, St. Joseph’s Healthcare, and a Geriatrician at Hamilton Health Sciences.



### **Alexandra Papaioannou, BScN, MSc, MD, FRCPC, FACP**

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# Mary-Lou van der Horst

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**Mary-Lou van der Horst** is currently working with the Regional Geriatric Programs of Ontario – Central area as a Geriatric Nursing/Knowledge Translation Consultant and with the Ontario Osteoporosis Strategy for Long-Term Care as Project Manager/LTC Nursing Consultant. Within these commitments she is concentrating on developing interprofessional resources for the LTC and Primary Care Sectors including oral health, osteoporosis, and delirium.

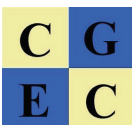
Previously, she was the Regional Best Practice Coordinator in Long-Term Care for Central South Ontario with the Ontario Ministry of Health and Long-Term Care assisting the long-term care sector to implement evidence-based / best practices care improvements through various knowledge transfer strategies. Many of her LTC and Primary Care Resources are available online including her very popular Myth-busting Newsletter called the “BP Blogger”

She has Bachelors and Masters degree in Nursing from the University of Western Ontario and a Master of Business Degree from Athabasca University. She is currently an assistant clinical professor with the School of Nursing at McMaster University and has taught undergraduate and graduate students in nursing and health care management. She has many years of experience within the long term care, home care, community and hospital sectors from advanced practice/nurse practitioner to administrative to education to knowledge translation specialist.

She participated on the recent RAO development panel for the new Best Practice Guideline on Oral Hygiene and involved with the making of RAO’s “Oral Care for Residents with Dementia” DVD. She is currently involved with College of Nurses’ Advisory Steering Committee for Palliative Care and Medical Secretariat Advisory Panel on Wound Care.



**Mary-Lou van der Horst**, RN, BScN, MScN, MBA  
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# Donna Scott

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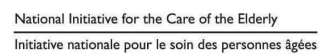
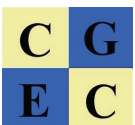
The Presenters' Bios.....

**Donna Scott** is a Geriatric Resource Consultant at St. Joseph's Health Care, London - Parkwood Hospital site. She is currently involved in a provincial project linking the Regional Geriatric Programs (RGPs) of Ontario with primary care settings in family health teams and community health centres and promoting current practices in geriatric care.

Previously, Donna spent 2 years working as the Regional Best Practice Coordinator for LTC for the SW Region, supporting LTCHs to implement evidenced-based care for Residents. She has coupled her nursing career with work in the field of human resources, having completed a Post Graduate Program in Human Resource Management and holds a Certified Human Resource Professional (CHRP) designation. As well, Donna is an accreditation surveyor with Accreditation Canada.



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# Ellen Duncan Ross

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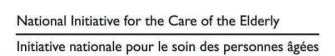
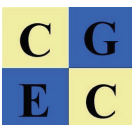
**Ellen Ross** is a dental health promoter employed by Halton Region Health Department. She has been instrumental in the development and sustainability of the Halton Oral Health Outreach (HOHO) program which is an integrated program providing oral health care services to the elderly and special need residents of Halton.

In 2001 and 2006 Ellen won the "National Practitioner Award " for the development of education tools specific to training caregivers to provide daily oral care for individuals that have physical, cognitive and medical compromises. In 2006, Ellen and her Halton Oral Health Outreach colleagues won the Canadian Dental Association "Oral Health Promotion Award "for the innovation and success of the HOHO program.

The education tools she has created have recently been referenced by the Registered Nurses Association of Ontario in their Best Practice Guidelines.



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