

Addressograph

Hypodermoclysis (HDC) Check List:

Criteria	Met	Comments
Initiation of Infusion		
Obtain physician order to begin HDC		
Gather correct equipment		
Verify resident identity and explain procedure		
Correctly assemble supplies and prime tubing with attached needle		
Select appropriate site for HDC		
Clean site per policy		
Correctly insert HDC needle		
Secure needle appropriately		
Begin infusion and regulate gravity rate		
Maintenance		
Assess resident's general condition every shift		
Monitor site/clinical complications		
Rotate site and change tubing every 3 days or prn if continuous		
Change tubing daily and rotate site every 3 days if intermittent		
Discontinuing infusion		
Obtain physician order		
Stop flow		
Don gloves		
Remove dressing		
Pull needle straight out and apply pressure if needed		
Apply dressing		
Documentations		
Label solution bag, tubing and insertion site		
Document resident or family education		
Document insertion date, time, site and description of procedure		
Q shift site checks including rate, amount infused, resident tolerance		
Document site rotations and indications		
Document discontinuation of therapy and indication		

Nurse signature: _____

Date: _____

