

To Win a Prize...

please answer the following questions related to promoting continence.

List 3 contributing factors to new incontinence in hospital:

1. _____
2. _____
3. _____

List 3 interventions that can help to manage incontinence:

1. _____
2. _____
3. _____

Explain why encouraging fluid intake in the elderly can promote continence:

	TRUE	FALSE
Seniors and Incontinence		
A full continence history should be completed on patients when they come into hospital		
A urinary tract infection can result in increased incontinence		
If patients void, this is proof that they are not in urinary retention		
Straining associated with constipation can weaken pelvic floor muscles		
Wiping front to back after toileting can prevent urinary tract infections		
If patients drink less they are more likely to be continent		
To reduce incontinence restrict caffeinated drinks		

State the best practice idea for Promoting Continence in hospital that **you** will use in your workplace:

The contest form must be complete to be eligible for the gift basket draw.

Please complete the following contact information:

Your discipline:

- Nursing
- Other Health Professional
- Physician
- Administrator.....
- Support staff
- Student

Name:

Phone number/extension: _____

Hospital site:

- HHS - Chedoke
- HHS - General
- HHS - Henderson
- HHS - McMaster
- HHS - St. Peter's
- Hotel Dieu Shaver
- Joseph Brant Memorial
- St. Joseph's Healthcare

Hand in completed forms at the inservice or forward the forms to one of the following contacts by:

June 30th, 2009

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Committee for Enhancement of
Elder Friendly Environments (CEEFE)



Stay Dry

Promoting Continence
in Older Adults

Sponsored by:
Regional Geriatric Program

A draw will take place at each of the
hospital sites for your chance to win...

Bathroom Gift Basket

